



VALDEMED

Casa Valde Retirement Estate, Rustenburg



Frail Care Facility

www.casavalde.co.za

 CasaCare

Casa Care services is an independent company, supplying all care services to ValdeMed. Casa Care is managed by sister Alet Koorzen, who is supported and assisted by a confident and capable team. Included in the levy, is basic first level care that concentrates on support and active aging. Besides this, every unit is also equipped with an emergency communication system for further peace of mind. For more info, call us on 071 659 6754.



LEVEL 1

- Regular health status checks (blood pressure, sugar levels)
- Control of medicine
- Nutritional status
- Social interaction
- Hygiene
- Mobility

Prevention

May include short term intervention actions like treatment of wounds, injections, podiatry, catheter care management, social counselling and referral to professional services



LEVEL 2

- Healthy meals
- House keeping services
- Home care for short periods
- Recovery care
- Referrals to relevant health care specialists

Assisted Living

Providing all staff necessary for the services the level provides.



LEVEL 3

- Bathing/basic personal hygiene
- Dressing and grooming
- Meals and feeding
- Housekeeping and laundry
- Supervised socialising and walks

Home Based Care

For persons requiring 24 hour care. Home based care is rendered by staff in shifts.